



Sponsored Events

Are you taking part in a sporting event or challenge next year? Why not get sponsored to raise money for Changing Futures? We can provide support with promotion, sponsorship forms and a BT MyDonate page.

Did you know?

We collect Foreign currency and any British small change.

Regular Donations

If you do feel you are able to contribute a regular amount on a standing order please let

Welcome to our October Newsletter. We have just returned from a successful trip to Swaziland where we saw what a difference your support has made. Together we have changed the futures of many poor and vulnerable children and young adults.

King/Cullimore Charitable Trust

On arriving home it was a nice surprise to open a letter with a cheque for £10,000 from the King/Cullimore Charitable Trust. The four main projects they agreed to support were:

- Sponsorship of skills training for young adults through Young Heroes' Skills Training Empowerment Programme (STEP)
- Support for pre-school teacher refresher courses
- Support for The Rocking Horse Project whose mission is to improve the quality of life of children with life shortening conditions and provide palliative care if needed
- Support for improvements with classrooms and school furniture

We will be working with our team on the ground in Swaziland to implement these new projects.

Donations of Clothes and Stationery

We would like to thank the many people who donated clothes and pens and paper. We took an extra three large cases of donations when we went to

us know. £5/month goes a long way in Swaziland.

Receiving this Newsletter

If you do not want to receive this newsletter and other updates on Changing Futures and want to be removed from our email distribution list please email us at:
info@changingfutures.org.uk

If you know someone who would like to be receive the updates please let us know. Please feel free to forward it.

Contact Us

www.changingfutures.org.uk

info@changingfutures.org.uk

Swaziland. These are now being distributed by The Rocking Horse project to children and adults in need. The stationery is being used in the children's wards at the hospital by the Playworkers employed by The Rocking Horse Project. Below are pictures of children with their newly donated clothes!



Super Stars F.C.

The Lions Club of Reading donated a football kit that we were able to give to a newly founded team, Super Stars F.C. Most boys do not start playing football until their teenage years. A young coach, Charles Dlamini, is forming teams and a new league for children of primary school age. The additional benefits are around teaching discipline, team spirit and social skills. Below is a picture of me with the new team. We are hoping to follow their progress in the coming months.



Young Heroes Skills Training

In 2016 we supported 20 young men and women to learn a trade. Four have been trained as electricians, six as motor mechanics, two as carpenters, two in plumbing, one in metal work and five in agriculture. One of the students told us 'coming from a poor background, it's amazing that a few months ago my future looked gloomy but now all that has changed. I can now see myself becoming a business man after acquiring these skills. My future looks bright and I'm so grateful.

Below are motor mechanics students Simphiwe and Lindokuhle



Schools

We visited a number of schools that we have supported over the years and saw the impact that classroom repairs, new classrooms and books and teaching materials have made. We have been working at Mynokane Primary School to improve the teacher's accommodation and repair classrooms. We also saw a new school that is in desperate need of financial support. We are currently assessing priorities to determine how best to use the funds we have available. Below are pictures showing the state of the toilets and the school furniture at the new school we may decide to support.



The Rocking Horse Project

The Rocking Horse Project helps to improve the quality of life of children with life limiting illnesses and supports children with palliative care at the end of their lives. We were able to spend two days seeing the amazing work that The Rocking Horse Project do and what they achieve with very limited resources. Please visit their Facebook page at:

<https://www.facebook.com/TheRockingHorseProject>

There were so many moving stories and I will probably include examples of their work in future newsletters but this story from earlier in the year touched us the most. This little 4-year old was admitted to hospital weighing only 6kg. Because of the money we had provided to support The Rocking Horse Project he was able to die in dignity wearing clean clothes and a clean nappy, cuddling a large Pooh Bear soft toy.

