

Sponsored Events

Are you taking part in a sporting event or challenge next year? Why not get sponsored to raise money for Changing Futures? We can provide support with promotion, sponsorship forms and a BT MyDonate page.

Did you know?

We collect Foreign currency and any British small change.

Since our last newsletter in June there has been a lot happening in Swaziland on our many different projects and so here is another quick update.

Hawane Primary School

We have now completed the refurbishment of the on-site teacher's accommodation. New ceilings have been installed, bathrooms decorated and the outside of the building repaired and painted. The teachers have expressed their sincere thanks for the improvements.

Also completed is the renovation of the kitchen which has also had new ceilings installed and has been painted. The builders are now moving on to our next project at Forbes Reef Primary School.

School Uniforms at Nkanini Primary School

For a number of years we have provided new school uniforms and shoes to orphaned and vulnerable children at this rural primary school. For many of these children this is the only set of clothes and are not able to afford shoes. This year we provided 34 shirts, 28 jumpers and 27 pairs of shoes for the boys and 28 school uniform dresses and 29 pairs of shoes for the girls. The picture below shows the new uniforms (apologies for the quality of the picture)

Regular Donations

If you do feel you are able to contribute a regular amount on a standing order please let us know. £5/month goes a long way in Swaziland.

Receiving this Newsletter

If you do not want to receive this newsletter and other updates on Changing Futures and want to be removed from our email distribution list please email us at:

info@changingfutures.org.uk

If you know someone who would like to be receive the updates please let us know. Please feel free to forward it.

Contact Us

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Baby Club

Studies confirm that 50% of HIV-infected children under 2 years of age will die if they are not started promptly and maintained on anti-retroviral therapy (ART). Barriers to successful treatment are many. Mothers are often sick themselves, are in denial about their HIV status and may be suffering guilt and depression because of infecting their baby. Working with the Baylor Clinic in Mbabne we have agreed to support a baby club that will operate twice a month. The aims of the club are to:

- Provide a safe place for mothers to meet, learn from each other and give/receive support (i.e. 'this is how I give my screaming 1 year old his medicine twice a day').
- Provide education regarding routine baby care, development and HIV care.
- Decrease ART compliance to zero by providing transport, food, a promise of fun and social interaction – missing appointments means that mothers run out of medication and compliance drops.
- Develop expert mothers that will go on and act as advocates in their own communities – mothers are naturally fierce advocates for their children and having been unable to prevent their own child from being infected this will help empower them to help other women.

We have agreed to support the club for 12 months and if the project is successful we will look to continue to support it.



Forbes Reef Primary School

Work is now commencing at Forbes Reef Primary School. We have agreed to repair 28 sewing machines that are used for teaching home economics. In addition we will be making improvements to the school kitchen, classrooms and the teacher's accommodation. Pictures will follow in due course!